<table>
<thead>
<tr>
<th>Courses</th>
<th>Course Titles</th>
<th>Hours</th>
<th>Grade/Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>I. School of Family Life Core: 3 hrs Required</td>
<td>FAMLF 100 - Strengthening Marriage &amp; Family: Proclamation Principles and Scholarship</td>
<td>3.0</td>
<td></td>
</tr>
<tr>
<td>II. Lower-Division Core: 12 hrs Required</td>
<td>MFHD 160 - Introduction to Family Processes</td>
<td>3.0</td>
<td></td>
</tr>
<tr>
<td></td>
<td>MFHD 210 - Human Development</td>
<td>3.0</td>
<td></td>
</tr>
<tr>
<td></td>
<td>MFHD 290 - Critical Inquiry &amp; Research Methods</td>
<td>3.0</td>
<td></td>
</tr>
<tr>
<td></td>
<td>STAT 221 - Principles of Statistics</td>
<td>3.0</td>
<td></td>
</tr>
<tr>
<td>III. Upper-Division Core: 12 hr Required</td>
<td>MFHD 329, 331, 333, 334, 335, 351</td>
<td>3.0</td>
<td></td>
</tr>
<tr>
<td>IV. Upper-Division Electives: 15 hr Required</td>
<td>MFHD 349, 352, 353, 354, 355, 410, 451, 465, 498</td>
<td>3.0</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V. Other Electives: 3 hrs Required</td>
<td>MFHD 221, 222, 240, 356, 395R, 420, HLTH 436, RMYL 301, HFL 223, 224, 350, 370, 371, 461, 472, 489</td>
<td>3.0</td>
<td></td>
</tr>
<tr>
<td>VI. Capstone Experience: 3 hrs Required</td>
<td>MFHD 399R, 403R, 492R, 480</td>
<td>3.0</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL CREDIT HOURS 48.0

*At least 18 credit hours of MFHD major credit must be received while in residency at BYU
# B.S. Degree
## Marriage, Family, and Human Development

**MFHD Major Requirements:**
1. At least 15 hours of major course work taken in residency at BYU.
2. Complete the following courses (total of 48 credit hours):

### School of Family Life Core: 3 hrs Required
- FAMLF 100: Strengthening Marriage & Family: Proclamation Principles and Scholarship

### Lower-Division Core: 12 hrs Required
- MFHD 160: Introduction to Family Processes
- MFHD 210: Human Development
- MFHD 290: Critical Inquiry & Research Methods
- STAT 221: Principles of Statistics

### Upper-Division Core: 12 hrs Required
- MFHD 329: Marriage Formation
- MFHD 331: Infant Dev. in the Family
- MFHD 333: Adolescence Dev. in the Family
- MFHD 334: Adult Development and Aging
- MFHD 335: Family Adaptation & Resiliency
- MFHD 351: Socialization Across Childhood

### Upper Division Electives: 15 hrs Required
- MFHD 349: Biological Foundations of HD
- MFHD 352: Cognitive Development
- MFHD 354: Cross-Cultural Fam. & HD
- MFHD 355: Language Development
- MFHD 410: Advanced Issues in Human Dev.
- MFHD 451: Theories in the Family
- MFHD 465: Marr. & Fam. Enrich/Therapy
- MFHD 498: Family Life Education

### Other Electives: 3 hrs Required
- MFHD 221: DAP Foundations
- MFHD 222: Preschool Practicum
- MFHD 240: Parenting & Child Guidance
- MFHD 356: Interact. Interviewing Skills
- MFHD 395R: Special Topics in Fam. Sc.
- MFHD 420: ECE Administration
- HLTH 436: Human Sexuality
- RMYL 301: Family Recreation
- HFL 223: Marriage Preparation
- HFL 224: Marriage Enhancement
- HFL 240: Family Finance
- HFL 370: Family in Communities
- HFL 371: Work and Relationships in the Home
- HFL 461: Family and the Law
- HFL 472: Temporal Welfare in Families
- HFL 489: The Family and Public Policy

### Capstone Experience: 3 hrs Required
- MFHD 480: Moral Foundations in Family Life