Courses | Course Titles | Hours | Grade/Semester
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I. School of Family Life Core: 16 hrs Required
SFL 100 | Strengthening Marriage & Family: Proclamation Principles and Scholarship | 3.0 |
SFL 101 | Intro to School of Family Life | 1.0 |
SFL 160* | Introduction to Family Processes | 3.0 |
SFL 210* | Human Development | 3.0 |
SFL 290 | Critical Inquiry & Research Methods | 3.0 |
STAT 121* | Principles of Statistics | 3.0 |
II. Human Development Life-Span Core: 12 hrs Required
SFL 331 | Infant Development in the Family | 3.0 |
SFL 333 | Adolescent Development in the Family | 3.0 |
SFL 334 | Adult Development & Aging | 3.0 |
SFL 351 | Socialization Across Childhood | 3.0 |
III. Human Development Topic Courses: 6 hrs Required
Choose from the following. Any courses taken beyond the 6 required hours may count towards the 9-hour electives/prerequisites requirement below.
SFL 352 | Cognitive Development | 3.0 |
SFL 355 | Language Development | 3.0 |
SFL 358 | Media, Family, & Human Development | 3.0 |
SFL 449 | Biological Foundations of Human Development | 3.0 |
SFL 453 | Moral Development | 3.0 |
IV. Electives: 9 hrs Required**
Complete 9 hours of any SFL courses as electives/prerequisites.
5.0
5.0
5.0
V. Capstone Experience: 3 hrs Required **
Choose from: SFL 399R, 403R, 490
3.0

TOTAL CREDIT HOURS: 46.0

- At least 18 credit hours of upper division major course work must be taken in residency at BYU.
- Students who plan no formal education beyond the bachelor’s degree should take other courses that will enhance their employment opportunities. Consult a faculty advisor or your academic advisor for suggested minors, majors, and skills. Students are encouraged to take Student Development courses related to career planning in their junior or senior year.

*These courses may double-count for University GE requirements.
**SFL coursework cannot double count for multiple requirements in the major.